

THE FAMILY COPPOLA HIDEAWAYS

Central America

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TURTLE INN – ACTIVITIES & ADVENTURES

ACTIVITIES

SCUBA DIVING AND SNORKELING

At Turtle Inn we specialize in attentive, professional dive services, dedicated to safety and our guests' individual needs. We offer Scuba Diving, Snorkeling and a wide range of PADI certification courses for both the beginner and the more experienced diver.

DIVING:

Scuba diving tours are conducted either at inner or outer reef and atoll locations, along the Belize Barrier Reef.

Diving Inner Reef: includes Silk & Pompion Caye.

Diving Outer Reef: includes South Water Caye, Glovers Reef.

- **2-tank reef dive (Inner Reef)**

Departs: 8:30 am Returns: 3:30 pm

*Total travel time – 2 hrs. boat ride

Level of Difficulty: Open Water Certification necessary

Notes: Optional Add Eco Hunting Dive

- **2-tank reef dive (Outer Reef)**

Departs: 8:00 am Returns: 3:30 pm

*Total travel time – 3 hrs. boat ride

Level of Difficulty: Open Water Certification necessary

Notes: Optional: Add Eco-Hunting Dive

Recommend divers to be at the Dive Shop 30 minutes before departure or kindly provide your gear details to concierge/front desk upon booking tour.

INNER REEF SNORKELING:

Inner snorkel tours are available half or full day and will be scheduled subject to a minimum of four guests; your first date/time may not be available. An upgrade to a Day at Coral Caye Private Island or Island Hopping is available. Please check with concierge/front desk for details.

- **Snorkeling Half Day (Off Shore Caye)**

Departs: 9:00 am Returns: 12:30 pm

*Total travel time 1.5 hr. boat ride

- **Snorkeling Full Day (Inner Reef)**

Departs: 9:00 am Returns: 2:30 pm

*Total travel time 1.5 hr. boat ride

OUTER REEF SNORKELING:

Outer Reef snorkel tours are available for a full day and will be scheduled subject to a minimum of six guests; your first date/time may not be available.

- **Snorkeling Full Day Silk and Pompion Caye:**

Departs: 8:30 am Returns: 3:30 pm

*Total travel time 2 hr. boat ride

- **Snorkeling Full Day South Water Caye or Glovers Reef (Outer Reef)**

Departs: 8:00 am Returns: 3:30 pm

*Total travel time 3 hrs. boat ride

Recommend Snorkelers to be at the dive shop 15 mins before departure or provide gear sizes to concierge/Frontdesk upon booking tour.

PADI COURSES

- **Discover Scuba Diving (Resort Course):** If you've always wanted to try scuba diving, here's your chance to breathe underwater in a fun, convenient session. The course is done in one day and includes all material, equipment, one ocean dive and a PADI Discover Scuba Card.
- **Open Water Diver (Getting Certified):** PADI Open Water Diver is the most popular diver program in the world and your ticket to a lifetime of intense adventures. The course is done in four days and includes all material, equipment, four ocean dives and your temporary certification card upon completion.
- **Open Water Junior Diver (Getting Certified):** PADI Open Water Diver is the most popular diver program in the world and your ticket to a lifetime of intense adventures. The Junior program allows children between the ages of 10 – 14 years to obtain a dive certification. The course is done in four days and includes all material, equipment, four ocean dives and your temporary certification card upon completion.
- **Adventures in Diving/Advanced Course:** The Adventures in Diving course is designed to make diving more enjoyable for the new and the seasoned diver. This course involves a brief review and discussion about your specific dive interests and five ocean dives.
- **Open Water Diver Referral:** If you have your signed paperwork showing completion of classroom and confined water from your instructor back home, we'll take care of the rest. Four ocean dives over two days and you're certified!
- **Scuba Review/Refresher Course:** Scuba Review is a quick confined water session that helps those of you who have been out of the water for a long period of time or to familiarize yourself with a new equipment purchase.

*Total travel time depends on sites visited for the daily snorkeling/diving schedule.

LAGOON KAYAKING

Guided kayaking available for manatee spotting experiences in the Placencia Lagoon
Departure time depends on guide availability. Please inquire with Concierge/Frontdesk
Level of Difficulty: Moderate

Turtle Inn also provides complimentary kayaks, trimarans and paddleboards right on our beach.

ZIPLINE AT BOCAWINA

Soar with the birds through the pristine canopy on the longest Zip Line course in Belize and Central America: approximately 2.5 miles. They have 12 platforms, 3 zip line courses over 2000 feet with the longest being over 2,300 feet; all set in the pristine jungle in the Mayflower Bocawina National Forest.

Half Day Zipline:

Departs: 7:30 am or 12:30 pm

Returns: 12:30 pm or 5:30 pm

Attire: Long pants, T-shirt/ Long sleeves, Sunscreen, Insect Repellant, Hiking/Tennis shoes

Age: 3 – 6 (Zips with Guide) and above

Min Weight: 80 lbs Max Waist: 42"

*Total travel time 2.5 hrs. drive

Level of Difficulty: Moderate

ZIPLINE & WATERFALL RAPELLING AT BOCAWINA: EXTREME ADVENTURE

Combine ziplining with waterfall rappelling to make this an extreme adventure. There are two different rappelling options to meet all ages and skill levels. Climb to the top of 1,000ft Antelope Falls and Big Drop Falls where you can enjoy breathtaking views and a refreshing swim in the azure water. Afterwards you can rappel 500 feet down the side of the waterfall. The minimum weight restriction is 100 lbs. For more family friendly rappelling you can choose to hike to Bocawina Falls where you can rappel just 100 feet down. The minimum weight restriction is 50 lbs.

- **Bocawina Zipline & Antelope Waterfall Rappelling**

Departs: 7.30 am

Returns: 4:00 pm

Min Weight: 100 lbs

Max Waist: 42"

*Total travel time 2.5 hrs. drive

Level of Difficulty: Extreme

- **Bocawina Zipline & Bocawina Waterfall Rappelling**

Departs: 7:30 am

Returns: 3:00 pm

Min Weight: 80 lbs

Max Waist: 42"

*Total travel time 2.5 hrs. drive

Level of Difficulty: Moderate

Waterfall is Seasonal

Rappelling Attire:

Bring bug repellent, long pants, t-shirt, bathing suit, sneakers (you do not mind getting wet and need to dry quickly), extra pair of clothing for zip line

MAYAN SKY CANOPY ZIPLINE AND RIVERTUBING (or WATERFALLS) ADVENTURE

Located just 35 minutes away from Turtle Inn, this canopy tour is recommended for families with kids 5 years and older. It offers spectacular panoramic views as you zip line 7 different lines. To add more adventure to your day, combine this zip line tour with a fun river tubing through 2 rapids in the Stann Creek River or choose to relax by their breath-taking waterfalls nestled in the heart of the Southern mountains. Optional- a picnic lunch.

Departs: 8:00 am or 1:00 pm

Returns: 12:30 pm or 5:00 pm

*Total travel time 1.5 hr drive

Level of Difficulty: Moderate

Attire: Light shorts, light T-shirt, Insect Repellant, swimwear, water shoes, extra pair of clothing

Important to note: Max waist of 42", Min age for zipline is 5-year-old and 12-year-old for waterfall rappelling.

ZIPLINE AT BOCAWINA & ST HERMANS CAVE TUBING COMBO

Combine ziplining with a cave tubing experience, a full day of fun! St. Herman's Cave is located within the Blue Hole National Park, approximately a 90 min drive from the Resort. You will be met by your private guide who will offer a unique and most memorable cave tubing experience. A picnic lunch will be served before driving to your second destination for your continued adventure at Mayflower Bocawina National Park which offers ziplining within pristine jungle and is considered to have the longest Zipline course within Belize and Central America.

Departs: 7:30 am Returns: 5:00 pm

*Total travel time 3.5 hrs. drive

Level of Difficulty: Easy to Moderate

Attire: Light shorts, light T-shirt, Insect Repellant, swimwear, water shoes, extra pair of clothing

Min. height: 3.5 feet and above

Max Waist: 42 " Age Limit: 5 and up

ORGANIC CHOCOLATE FARM AND MAYA CULTURAL EXPERIENCE OR NATURAL SPRING TUBING COMBO IN PUNTA GORDA

Experience one of the best Maya Family-owned chocolate maker- Eladio's or Ixcaco farms located in the Toledo District. A guided tour of the plantation will teach you how they organically grow the cacao product followed by a hands-on chocolate making experience. Their "Dark Milk" chocolate has been awarded two stars, defined as "One of the best chocolates in the world, prized for its taste". Learn also about their culture as you accompany them for lunch with an authentic cuisine or enjoy a refreshing swim while also tubing in a Natural Spring. Recommend booking this tour one day prior.

Departs: 8:00 am Returns: 5:00 pm

*Total travel time 3.5 hrs. drive

Level of Difficulty: Easy to Moderate

ORGANIC CHOCOLATE FARM TOUR AND SWIMMING IN WATERFALL

Start your day with a visit to a traditional Chocolate Farm experience led by Julio Sacqui, a master chocolate maker who offers a two-hour farm to-factory tour which includes a trip to the cacao plantation. The full process is explained right through to the finished bar of dark chocolate. Finish your tour with a trip to the Mayan King waterfall – enjoy lunch and

take a dip in the pristine waters at the base of the falls, or just sit and enjoy the serenity of the falls.

Departs: 9:00 am

Returns: 2:00 pm

*Total travel time 1 hr. drive

Level of Difficulty: Easy

ADVENTURES

NIM LI PUNIT AND/OR LUBAANTUN AND MAYA CULTURAL EXPERIENCE

Located in the beautiful rainforest of the Toledo District in Southern Belize, a one hour and a half scenic drive from Turtle Inn leads you to Nim Li Punit, a late-classic Maya ceremonial site with several unique stelae including one of the longest in the Maya world. After a fascinating guided tour of the ruins and small but informative museum we'll drive to the nearby Indian Creek village for a short demonstration of traditional corn tortilla making. Following a tasty Maya lunch there will be a demonstration of authentic Maya weaving using a back-strap loom.

Departs: 8:00 am

Returns: 4:30 pm

*Total travel time 3.5 hrs. drive

Level of Difficulty: Easy

Attire: Long or short pants, T-shirt/ Long sleeves, Sunscreen, Insect Repellent, Hiking/Tennis shoes

NIM LI PUNIT AND/OR LUBAANTUN AND BLUE CREEK CAVE

Located in the beautiful rainforest of the Toledo District in Southern Belize, a 90 min scenic drive leads you to the late-classic ceremonial site of Nim Li Punit, with several unique stela and a tomb. After your visit at Nim Li Punit, continue to Blue Creek Cave. First, a 30-minute hike brings you to the entrance of the wet caves. As you swim through the cave, you will be surrounded by cascading waters, stalactites and crystal-like formations. Note: The Blue Creek is not recommended for guests with mobility restrictions.

Departs: 8:00 am

Returns: 5:00 pm

*Total travel time 3.5 hrs. drive

Level of Difficulty: Moderate to Extreme

Attire: light shorts and t-shirt that can get wet, swimwear, hiking/water shoes with covered toes, Insect repellent and an extra pair of clothing

Important: Must be fit enough to be able to maneuver over rocky terrain and recommended to be able to swim

NIM LI PUNIT AND/OR LUBAANTUN AND RIO BLANCO WATERFALLS

Located in the beautiful rainforest of the Toledo District in Southern Belize, a 90 min scenic drive leads you to the late-classic ceremonial site of Nim Li Punit, with several unique stela and a tomb. Continue through the day enjoying a picnic lunch and venture to Rio Blanco Waterfalls where water cascades 20 feet from a cliff into a large blue-green pool below, which is perfect for swimming. Note: This waterfall is seasonal.

Departs: 8:00 am

Returns: 5:00 pm

*Total travel time 3.5 hrs. drive

Level of Difficulty: Easy

Attire: Shorts, T-shirt, Swimwear, Sunscreen, Hiking/Water shoes and Insect Repellent

COCKSCOMB BASIN WILDLIFE SANCTUARY & JAGUAR PRESERVE

The world's only Jaguar preserve is a superb place for birding, hiking and possible wildlife sightings. The 128,000 acre wildlife sanctuary has well marked hiking trails ranging from easy to challenging and is a jaguar hotspot which also provides habitat to Howler Monkeys, Agouti, Brocket Deer and Peccary. Take a picnic lunch, enjoy fun tubing down the river, then cool off under refreshing waterfalls.

Departs: 8:00 am Returns: 3:30 pm

*Total travel time 2.5 hrs. drive

Level of Difficulty: Moderate to Extreme

Attire: Long pants, long sleeve, Sunscreen, Insect Repellent, Extra pair of clothes, Swimwear, Water and Hiking shoes

Important: Must be fit enough to do a 1½ hour hike over hilly terrain

Add on options: COCKSCOMB BASIN WILDLIFE SANCTUARY & JAGUAR PRESERVE AND CHOCOLATE MAKING EXPERIENCE.

Learn on how cacao trees are cultivated as you walk the Che'il Chocolate Cacao Farm. After returning from the farm you'll have the opportunity to make your own chocolate using traditional stone tools followed by a tour to the facility where Che'il Chocolate makes their bars to sell using modern machinery.

Departs: 8:00 am Returns: 4:30 pm

*Total travel time 2.5 hrs. drive

Level of Difficulty: Moderate to Extreme

SUNSET HIKE AT COCKSCOMB BASIN WILDLIFE SANCTUARY

Hike to enjoy a magnificent sunset over the majestic Tiger Fern Mountain while enjoying some snacks and wine at the peak. Experience once in a lifetime a night swim in the waterfalls followed by a night hike in the sanctuary with an increase chance of seeing the nocturnal cats including jaguars.

Departs: 2:00 pm Returns: 9:00 pm

*Total travel time 2.5 hrs. drive

Level of Difficulty: Moderate to Extreme

Attire: Long pants, long sleeve, sunscreen, insect repellent, extra suit of clothes, swimwear, water and hiking shoes

Important: Must be fit enough to do a 1.5 hrs. hike over hilly terrain

ACTUN TUNICHIL MUKNAL

Referred to as the ATM Cave (The Cave of the Crystal Sepulchre), this adventure has been listed as one of the Number 1 Top Sacred Caves by National Geographic. Located just 2.5 hours away, you will drive through spectacular views of the Maya Mountains. The ATM Cave is only recommended for those of an adventurous spirit who have a good level of fitness. The tour starts with a 40 minute trek through the Tapir Mountain Nature Reserve before you get to the Cave Entrance. The underground stream flows out of the cave entrance and it's necessary to take a short swim into the cave (water depth is about 12 feet). Once you are within the cave, you will be spending approximately 3 hours seeing different formations of stalactites, stalagmites and pillars. It is necessary to squeeze through some tight spaces and climb over rocks to reach the different levels. The rewards are worth it. Two small carved stelae are located above the stream, one carved in the shape of an obsidian blade and the other a stingray spine. On the next level lies the cave's most famous occupant, The Crystal Maiden, an ancient victim of ritual sacrifice probably from the Late Classic Period.

Please inquire at front desk on availability.

Departs: 5:00 am Returns: 4.00pm

*Total travel time 5 hrs. drive

Level of Difficulty: Extreme

Min. Height: 48 "tall Age Limit: 11 years & up

Attire: Tennis shoe or water shoes, pair of socks, Swim shorts, T-shirt, and a dry change of clothing for the drive back. Swimsuits only are not allowed as it is a sacred cave. Cameras are not allowed in the cave.

XUNANTUNICH & CAHAL PECH TOUR

Located approximately 120 miles away from Placencia is one of the most amazing Archaeological Sites in Belize. Driving for approximately 2.5 hours through a few villages offering scenic views of pristine mountains and miles of citrus valleys in the highlands will take you to Xunantunich. Once there, you will be crossing the Mopan River via a hand cranked ferry. This Classic Periodic Site, known as "Maiden of the Rock" or "Stone Lady" has one of the 2nd tallest Mayan Structures in Belize. Climbing up approximately 120 feet to "El Castillo" will offer spectacular views of the jungle surroundings and neighbouring community of Guatemala.

Combine this tour with Cahal Pech, another panoramic Archaeological Site. Located just 20 minutes away from Xunantunich, this site known as "Place of Ticks" provides vast information on the earliest Mayan Settlers of Western Belize. Cahal Pech has large platforms that were used for Ceremonial purposes and highlights large structures, a ball court and multiple monuments with carvings and symbols on their pottery.

A local lunch is included with tour.

Departs at 7:30 am Returns: 5:00 pm

*Total travel time 5.5 hrs drive

Level of Difficulty: Easy to Moderate

Attire: Long or short pants, t-shirt/ long sleeves, sunscreen, insect repellent, hiking/tennis shoes

Please inquire with front desk about the possibility of charter flights.

MONKEY RIVER WILDLIFE ADVENTURE

Explore Monkey River by boat observing howler monkeys, coastal and wetland birds, iguanas, crocodiles and many other species of wildlife. With your experienced nature guide at the helm you will slowly weave through the maze of mangrove islands that hug the shoreline. If we're lucky we may see the endangered Manatee as we head south to Monkey River. As the boat moves slowly upriver we'll bird watch and spot turtles, crocodiles and iguanas. Soon it's time to stop and hike through huge stands of bamboo and along jungle trails to view noisy troops of howler monkeys. This is a remarkable and exciting wildlife trip. On our way downriver the boatman will stop in the tiny village of Monkey River for a lunch and an opportunity to purchase souvenirs. (Tour not recommended between months of November to May due to the rainy season)

Departs: 8:00 am Returns: 2:00 pm

*Total travel time 1.5 hr. boat ride.

Level of Difficulty: Easy

Attire: Long pants, long sleeve, sunscreen, insect repellent, water and hiking shoes

GARIFUNA 'BETTA BELIZE IT' CULTURAL EXPERIENCE

An exquisite Garifuna cultural experience in Hopkins Belize. On this experience, you will be immersed into the culture for a full day and learn about their history, music, and food.

Come visit Kalipuna Island located at the north-end of Hopkins Village Belize where you get to be immersed in our rich Garifuna Culture, parts of which has been proclaimed an oral and intangible heritage of humanity by UNESCO. The historic island is home to Palmetto Grove Garifuna Eco Cultural & Fishing Institute where the Martinez Family welcomes you to learn and have fun all in an effort to serve to preserve a rich indigenous cultural heritage. Join us on our authentic Garifuna Cultural & Culinary Adventure Journey offering an enriching vacation experience to all our guests. This tour is ideal for families, honeymooners, couples, solo travellers, students and mixed groups as it is very interactive and hands on.

Departs: 7:30 am

Returns: 4:00 pm

*Total travel time 2.5 hrs. drive

Level of Difficulty: Easy

HELICOPTER TOURS

Astrum Helicopter can take you from Belize International Airport to Blancaneaux and from Blancaneaux to Turtle Inn; hovering over the Maya Mountains and Waterfalls in the background or for a day trip to the Blue Hole; offering spectacular views of the wealth of the region- from ridge to Reef or for an in-style arrival.

Please inquire for details and pricing. Times and tour sites depend on availability.

CAVE TUBING AT IAN ANDERSON CAVES BRANCH

After a 90 min drive from the resort, take a short 15 mins jungle bus ride to the Cave Branch river system where you will tube along for 100 feet to the entrance of the cave system. Your underground expedition takes you off the beaten path to explore ancient Mayan ceremonial centers, pottery, artifacts, altars, obsidian bloodletting blades, jade and the actual footprints of the Shaman and priests that date back to 400 A.D. Imagine the experience as you float through an underground cathedral, turning your lights off and floating away into time as your professional guide shares with you the history of the caves and the Mayan world. A picnic Lunch will be served by your guide within the cave system to the sounds of the underground caves, chatting with your fellow adventurers an experience you will not forget.

Departs: 6:30 am

Returns: 4:30 pm

*Total travel time 3.5 hrs. drive.

Level of Difficulty: Moderate to Extreme

Attire: Light Shorts and t-shirt that can get wet and allow movement, Hiking/Water shoes with covered toes, Insect repellent and an extra suit of clothing

Important: Extensive underground hiking and climbing throughout the cave is necessary in addition to cave tubing

HORSEBACK RIDING

Outback Trails located at the Kendal Bridge just about an hour drive from Turtle Inn feature great riding experiences through citrus orchards, along the jungle trails leading up a river where one can swim and your horse can drink fresh mountain water. Bring along a tasty picnic and a bottle of Coppola wine to complete the day.

Departs: 7:30 am or 1:00 pm

Returns: 1:00 pm or 6:00 pm

*Total travel time 2 hrs. drive

Attire: Long pant, t-shirt, bug spray, sunscreen, tennis/hiking shoes and swim wear

Age Limit: 12 years and up

For all tours we suggest bringing hiking shoes, a camera, binoculars, a swimsuit, a change of clothes, sunscreen and bug repellent. For tours which include a hike, long pants are advisable.

FULL DAY BIRDING - RIDGE TO REEF BIRDING EXPERIENCES

The birding from Turtle Inn is superb due to the wide range of habitats within easy reach of the resort. We offer a daily morning bird walk plus distinct birding tours. Each tour can be customized based on the preferences and target species of the birders. Please inquire for details and pricing.

- **Morning Birding Walk**

A walk through the property from beachfront to lagoon with one of our expert guides.

Time: 6:00am to 7:00am

Wednesday and Saturday (Complimentary)

- **Cockscorb & Placencia Lagoon**

The tropical moist forests of the 128,000-acre wildlife sanctuary offer fantastic and varied birding with 290 species recorded within the protected area. The long, shallow lagoon backed by coastal savanna provides a bird-rich environment. Numerous small creeks flow through dense mangrove stands into the lagoon attracting a wide range of raptors and waders.

- **Sittee River & Hopkins**

Sittee River, situated between the riverbanks and mountains offers a diverse ecosystem and lush vegetation that are home to the majority of birds species that can be found in Belize. With Hopkins being just across the river, it offers an opportunity to sight some of Belize's Wetland Birds.

- **Bocawina & Red Bank**

Begin your early morning by exploring the amazing Mayflower Bocawina National Park which is surrounded by pristine tropical rainforest and habitat to the many different species of migrant and national birds. After visiting this pristine Reserve, you'll have the opportunity to see the colorful Scarlet Macaws. Annually between December and March Scarlet Macaws migrate over the Maya Mountain Divide from the Chiquibul National Park to the small village of Red Bank. It is believed that they migrate for this short period due to the early ripening of the seed pods of the Wild Annatto and Polewood trees.

Seasonal: December to Early February

Departs: 5:30 am

Returns: 3:00pm

*Total travel time 2.5 hrs. drive

Level of Difficulty: Easy

Attire: Long light pants/ shirts, binoculars, hat/cap, bug spray, sunscreen and comfortable hiking or tennis shoes.

FAMILY FUN: PAINT & BRUSHES!

Sign up for a 1.5 hour painting session with one of our distinctive local artists from town. With their great talent and special painting skills, they will guide you as you create your own piece of art. A fun activity for all ages. Make a little space in your luggage to take a Belizean souvenir which you will create!

Minimum of 4 persons required for this activity. Please inquire at desk on available days.